



Parent & Dancer Handbook
2025/26

1/ Introduction

It's our absolute pleasure to warmly welcome you into our Tarantism Dance Company family. Our team is thrilled to see many familiar faces return to the studio and even more excited to see some new faces join our community. We have created this one-stop handbook to hopefully shed some light on how things will run throughout the year as well as answer a lot of questions you may have before the year begins. Please make sure you read through the handbook so you know everything you need to know about our fun year of dance ahead!

QUICK REFERENCE STUDIO INFORMATION

Address: 608 Park Avenue Beausejour, Manitoba
Phone Number (you can text us!): 204-406-1473
info@tarantismdance.com
Website: tarantismdance.com

Email:

2 / Vision, Mission & Values

To start us off, it's important to us that all of our families know our vision, our mission and the philosophy that encompasses everything we do both inside and outside of our classes. This is a vision that is shared and demonstrated by the directors, teachers and staff members at our studio and it is the driving force behind every interaction with our students and their families and every decision we make.

Our Vision

To inspire our dancers to work hard, dream big, have confidence and achieve their full potential in dance and life through an endless source of positive energy.

Our Mission

To provide the highest quality dance education through fun, interactive and age appropriate classes, helping our students to find and achieve their full potential.

Our Values

Respect; for ourselves, for our teacher and for each other.

Love;

for the art of dance, for the teachers who inspire us, for the people who support us and for ourselves.

Community; the feeling of togetherness developed by common interests or goals.

Inclusivity; dance is for everyone and we cheer each other on.

Innovation; building the confidence to achieve what has never been done before.

Technique; to ensure safe and confident progression.

Hard Work; consistent effort to achieve all of our goals.

Performance;

to experience the thrill of it.

Fun; dancers

are proof that serious dedication and hard work is FUN!

3/ Registration

Before lacing up those dance shoes, it's important that all students and/or parents – whether returning or new - fill out and sign a registration form so we can ensure we have the most up-to-date contact information for you. This information includes your registration form, waiver agreement, membership agreement, electronic signature agreement, payment information and refund/cancellation policy.

You can register in person at the studio or online on our website

www.tarantismdance.com.

Make sure you get your payment in and sign up for auto-pay on your dance studio pro parent portal as failure to pay your registration fee or tuition fees may result in late fees and/or losing your place in the class.

We are more than happy to accommodate trial classes for existing students who are wanting to add on a new style of dance. Please contact us if you would like to try a new class and we will happily fit you in for a trial (provided the class isn't full).

4/ Communication

For convenience, our primary means of communication is via email. You will receive regular newsletters and important information via email so please make sure you have provided the studio with an up-to-date email address that is regularly checked. We are happy to include multiple email addresses per family. Don't forget to add our email address info@tarantismdance.com to your contacts so we don't end up in the dreaded Spam folder!

Our most important piece of communication is our weekly updates. These will be a short video sent out at the beginning of each week throughout the year by email highlighting any important information and events for the week. If you take 3 minutes out of your week to read the weekly update we guarantee you'll know everything that's happening at TDC!

5/ Important Dates

We understand wholeheartedly how busy the lives and schedules of our dance families can get as the year rolls on, so we have tried to get as many of our important dates organized and ready for you as possible so you can plan other commitments. Other dates will be added to our newsletters and weekly updates as the information becomes available.

Below we have listed some of our most important "Save the Dates" with more information to be communicated via our newsletters and weekly updates as we get closer to the events. If you

know ahead of time that your family will be unable to attend these events, please let us know as soon as possible.

Date	Event	Description
August 12, 2025	Welcome Back Bash	Meet your teachers, take some classes to get back into the dancing groove, get all the dancewear & merch you need and get tons of giveaways & deals!
August 17-23, 2025	First Week Of Classes	It's our first week of classes for our 2024/25 season!
August 30-September 1, 2025	Labour Day Weekend	No Classes
September 30, 2025	Truth & Reconciliation Day	No Classes
October 5-10, 2025	Family Dance Week & Recital Theme Reveal Party Week	
October 11-13, 2025	Thanksgiving Weekend	No Classes
October 24-30, 2025	Halloween Week	Dancers are invited to wear their halloween costumes to class!
October 31, 2025	Halloween	No Classes
November 2-8, 2025	Holiday Photo Week	
November 9-15, 2025	Fall Break	No Classes
November 2025	Christmas On Park	No Regular classes
December 2025	Manitoba Holiday Spectacular Show	All foundational & preschool students will perform in a show for their family, friends and the greater Manitoban community.
December 14-20, 2025	Holiday Celebration Week	
December 21, 2025 - January 3, 2026	Winter Break	No Classes
February 14-16, 2026	Louis Riel Day Weekend	No Classes
February 22-28, 2026	Parent Observation Week	
March 8-14, 2026	Recital Photo Week	

March 29-April 4, 2026	Spring Break	No Classes
April 5, 2026	Easter	No Classes
May 16-18, 2027	May Long Weekend	No Classes
June 2026	Charming Ceremonies	
June 2026	Year End Recital	All of our dancers will be performing what they've learnt so far throughout the year for their family & friends!
June 2026	Awards Week	
June 14-19, 2026	Last Week of Classes for the season	

6/ Class Cancellations & Make Up Classes

No classes take place on all of the following days: Labour Day Weekend, Truth & Reconciliation Day, Thanksgiving Weekend, Halloween, Fall Break (Remembrance Day Week), Christmas on Park Day, Winter Break, Louis Riel Weekend, Spring break, Good Friday, Easter Sunday, Victoria Day Weekend, Canada Day and Terry Fox Day.

Classes may also be cancelled if severe weather is an issue. Parents will be notified by 3:00pm on their scheduled class day if classes are cancelled. Classes generally run on days when there is severe weather unless our instructors are unable to safely make it to class. Please make the best decision for you and your family as to whether or not it is safe for you to get to class.

TDC is not responsible for any injuries or issues as a result of severe weather. TDC will do their best to provide families with sufficient notice whenever classes are cancelled.

Cancelled classes will not be refunded. Tarantism Dance Company will make every effort possible to reschedule cancelled classes if more than 2 of the same classes have been cancelled within the season. We have built in 2 cancellation days to account for any unexpected closures (weather, facility issues, etc.). Ex: If Mini Ballet A is cancelled on October 1, October 15 & November 19 we will reschedule 1 class. If Mini Ballet A is only cancelled on October 1 & October 15 no classes will be rescheduled.

Tarantism Dance Company reserves the right to cancel any class or program that does not meet the participant minimum. If a class is cancelled by Tarantism Dance Company for the class

participant minimum not being met all those that were registered for that particular class (if any) will receive a pro-rated refund.

Dancers can book make up classes for any classes they miss for any reason by contacting us at info@tarantismdance.com. Dancers are still expected to attend their normal classes 99% of the time to ensure they are getting the most out of their classes and have the best opportunity for growth. Make up classes are for the 1% of times when life happens (bad weather, sickness, etc.)

7/Code of Conduct

To ensure the smooth, safe running of Tarantism Dance Company and an enjoyable experience by all, below you will find our code of conduct. As always we are open to feedback, so if any of the requirements outlined below are unclear or concerning, please contact us to discuss further. Following a formal meeting, we do reserve the right to dismiss or take disciplinary action on any students or parents who breach our studio's code of conduct.

Families who do not comply with their fee payment obligations will not be able to participate in classes/performances/events until fee payment obligations are resolved. External debt collection may occur when fees remain overdue and this will be at the expense of the client.

No classes (including private lessons) or teachers are to be disturbed unless it is an emergency. Parents are not to approach teachers or students during class and if messages or food/drink needs to be passed on to a student, it must be done through a Tarantism Dance Company staff member. All parents must wait in the waiting areas or outside of the studios until classes have been dismissed except for Creative Movement classes.

We are unable to take responsibility for our students before or after their scheduled classes and it is the responsibility of the parent to ensure their child is picked up and dropped off on time and by the right person. In the case of an emergency or unavoidable delay, please contact the studio immediately to inform us of the situation so we can keep your child calm and safe until they can be collected. Tarantism Dance Company is not responsible for students before their class starts or after it ends.

Tarantism Dance Company is not responsible for making sure students are picked up by the correct parent/guardian. Please make sure you are on time to pick up your child to ensure they go home with the right person.

Parents and students are not permitted to have or contact Tarantism Dance Company staff members via their personal email, phone number or social media for any reason. All communication with Tarantism Dance Company staff must be done through the office.

In the rare case of a parent or student showing disrespect or defamation to any parent, staff member or student, a meeting will be called immediately and dismissal may be considered at

the discretion of the director. Physical, mental, emotional or cyber bullying by parents, staff or students will not be tolerated and may result in dismissal from the studio at the discretion of the director.

Tarantism Dance Company takes no responsibility for any stolen or misplaced property on the studio premises and we encourage our families to avoid bringing valuable items into the studio where possible.

Tarantism Dance Company reserves the right to change teachers or schedules when necessary at any time throughout the year.

Choreography, costuming and studio policies remain the intellectual property of Tarantism Dance Company and may not be reproduced or sold by any students, parents or staff without permission of the director.

8/ Classes Offered at TDC

Mini Sessions

Creative Movement: is a fun introduction to dance that all children will love. Students will explore creating rhythms and learn how to move with music alongside their parents. All while exploring their imagination with props, games and stories. Please note: Parent or guardian participation is required. (Ages Walking - 3 years)

Energy Burn: In these fun filled, jam packed classes we bring the favourite energy burning elements from ALL of our classes like freeze dance, obstacle courses, relay races, parachute time and more to create a non stop class that burns all of your kiddos pent-up energy. These classes are perfect for kiddos who need to keep moving all the time and never seem to run out of energy!

Full Season Preschool & Foundational Classes

Beginner: This class is a fun introduction to dance that all children will love. Students will explore creating rhythms and learn how to move with music. All while exploring their imagination with props, games and stories as well as their independence. Please note: This is a child only class. Parents do not participate and instead wait outside the classroom. (Ages 2-3)

Tumble Tots: Tumble Tots is an introduction to the elements of acro dance through fun games, stories, imaginative adventures and props. In Acro, dancers focus on building basic and advanced gymnastics skills (tricks) to be used with dance combinations. Dancers will learn basic age appropriate tumbling skills and contortion work alongside stretching, strength building and

conditioning so dancers are safe and comfortable as they develop more advanced skills. (Ages 2-3)

Ukrainian: In Ukrainian dancers will learn the essential skills of Ukrainian stage dance. From polkas to hutsul steps and kolomeyka tricks we'll cover it all. Including elements of Ukrainian history, folklore and language making for a unique class experience.

Ballet: Ballet is a classical form of dance that teaches grace, poise, elegance, muscle control, alignment and flexibility. It gives dancers a strong technical base for all other dance styles.

Jazz: Jazz is an energetic, stylish dance style that incorporates jumps, turns, travelling steps and dynamic body isolations. It teaches body awareness, muscle control, strength, flexibility and musicality in a fun and upbeat environment.

Tap: Tap is a dance form primarily focused on rhythm. Dancers use tap shoes to create different sounds. Tap is a fun way to help dancers develop musicality and synchronicity.

Hip Hop: Hip Hop is a dance style that originated on the streets. Since its creation Hip Hop has become a very unique style of dance with many sub genres including popping, locking, whacking and crumping.

Lyrical: Lyrical combines ballet and jazz technique to express the emotions found in a song such as love, loss, anger or joy. Lyrical is a very popular style of dance worldwide.

Acro: In Acro, dancers focus on building basic and advanced gymnastics skills (tricks) to be used with dance combinations. Dancers will learn tumbling skills such as cartwheels, handstands, aerials, summersaults, contortion work and more alongside stretching, strength building and conditioning so dancers are safe and comfortable as they develop more advanced skills.

Aerial: Our aerial class offers an exciting opportunity for students to explore strength, flexibility, and artistry in the air! Using silk fabric or aerial hoops, dancers will learn how to climb, wrap, and create stunning poses and sequences while building confidence and body awareness. This class emphasizes safety and technique, providing a supportive environment for students to grow their skills and creativity. Perfect for those looking to add a unique and dynamic element to their dance journey!

Voice: Our voice class helps students develop their vocal technique, confidence, and performance skills in a supportive and fun environment. Through exercises in breath control, pitch, tone, and expression, students will learn to sing with clarity and confidence. This class complements dance training by enhancing stage presence and overall artistry, making it perfect for aspiring performers!

Performance Company (Ages 3+)

Only half of being a dancer is made up of what you learn in class, the other half is made up of the experiences you have on stage. The more performance opportunities dancers have the more they are able to apply the fulfilling benefits they'll discover through performing in their day to day life. This is where performance company comes in! Company members take weekly technique classes, attend group rehearsals and have several additional performance opportunities throughout the year in our local communities.

Our performance company also has the opportunity to travel bi-annually. Travel opportunities range from performances within Canada to ones in the United States, Europe and beyond. All travel opportunities are strictly optional.

On off travel years our performance company dancers ages 6+ have the opportunity to join us at Beyond The Stage Camp. At Beyond The Stage Camp our dancers will have the opportunity to bring the life skills and lessons that they've learnt through dance into new settings at Camp Cedarwood as well as learn even more life skills that are just as important so that they are successful on stage and beyond.

Underlying all the performances and technique are the life lessons learned through dance. TDC dancers will learn leadership skills, build confidence, practice teamwork, master goal setting & time management and show respect, inclusivity and love for others. Best of all, dance keeps kids out of trouble :)

Adult Classes

Barre Fitness: Barre Fitness mixes elements of ballet barre, pilates and yoga to create low impact targeted workouts to sculpt, slim, stretch and tone your entire body.

Gentle Jazz: Jazz is an energetic, stylish dance style that incorporates jumps, turns, travelling steps and dynamic body isolations. It teaches body awareness, muscle control, strength, flexibility and musicality in a fun and upbeat environment.

Ignite Team

Ready to take your dancing to the next level? Our Ignite Team is the perfect opportunity for TDC dancers to experience the thrill of competing at a local dance competition — without a huge time or financial commitment!

Who Can Join?

- ✓ Ages 6-8 taking 2+ classes OR ages 9-11 taking 3+ classes OR ages 12+ taking 4+ classes
- ✓ Dancers interested in solos, duets, trios, or small groups
- ✓ Families looking for a supportive, fun competition experience

How It Works

Dancers will attend a Placement Class in June where we'll help match them with the best group, teacher, and style — no awkward parent conversations needed! You'll then attend:

- ✨ Choreography Sessions in July/August to learn your routine
- ✨ 6 Group Cleaning Sessions throughout the season
- ✨ Open Studio Time for extra practice
- ✨ Mentor Sessions for both dancers and parents to feel confident before competition

Why Join?

- 🔥 Personalized training that helps dancers grow fast
- 🔥 Confidence-boosting competition experience
- 🔥 Fun, teamwork, and the chance to SHINE on stage!

Assistant & Apprentice Teacher Programs: We may be a little biased but being a dance teacher is one of the best jobs in the world! Especially while in high school and university. Our assistant & apprentice program will train accepted applicants to be fully prepared to teach their own classes at TDC and have a rewarding career as a dance teacher.

Aspiring Executives Program: Our Aspiring Executives Program gives young leaders the chance to explore the exciting world of business right here at our studio! Through hands-on activities, teamwork, and creative projects, students will learn about marketing, budgeting, customer service, and event planning—all while gaining valuable leadership skills. This program empowers kids to think big, take initiative, and discover how to turn their ideas into action in a fun and supportive environment.

9/ Schedule

Scheduling our classes is a huge task and we take all care to ensure that children are given classes at an age-appropriate time without long hours that may lead to fatigue or disrupt home / school life. Our class schedule is created for our dancers to receive the most opportunity for growth and excellence while balancing their home and school lives. Our schedule for our 2025/26 season is available to view on our website. Please contact us if you have any questions at all.

Tarantism Dance Company reserves the right to change the schedule and staffing at any time.

Tarantism Dance Company reserves the right to cancel any class or program that does not meet the participant minimum.

10/ Dress Code

- Our dress code as explained [here](#) is required to be implemented fully by every dancer in every class at Tarantism Dance Company.
- Our dress code is made for the dancers safety and well being as well as to enhance their abilities and technique as a dancer.
- It is the responsibility of the parents/guardians and dancers to make sure they/their dancer is dressed according to the dress code prior to entering class.
- No gum, candy or jewellery.
- Dancers who are not dressed according to our dress code will not be permitted to enter class until dress code infractions have been sufficiently resolved.
- Necessary dress code items can be purchased at the studio at all times throughout the year.

Please ensure all parts of your child's dance wear are clearly labelled - individual shoes, socks, underpants...you'll be amazed at the amount of lost property we generate!

11/ Costumes

All preschool & foundational dancers' registration fee includes participation in up to 2 performances throughout the season and the use of a Tarantism Dance Company owned costume at these performances (for use at Tarantism Dance Company events ONLY) among other fun things related to the performances. The costume must be returned to Tarantism Dance Company on a specified date that will be announced in our weekly email updates as it approaches.

If the costume is damaged or not returned your account will be charged \$300 per costume. Tarantism Dance Company's faculty has full discretion as to whether or not a costume is damaged.

Dancers will be required to provide their own shoes (type specified by class in the dress code), tights (colour specified in the dress code), nude bodyliner & make up/hair products (specified at a later date).

Dancers taking multiple classes are required to have the tights & shoes as specified in the dress code for each class.

Dancers may also be required to wear other items listed as dress code items above as part of their costume.

12/Fee Structure, Payment Information & Refund/Cancellation Policy

Please find the fee structure for our 2025/26 season [here](#).

Prices DO NOT include 5% GST. Payments can also be made in full.

Payment Information

When registering all families are automatically signed up for monthly instalment payments. We also have the option for our families to pay in full for the season and receive a discount of 5% off. If you would like to pay in full instead of monthly just email info@tarantismdance.com and let us know!

Foundational & Preschool Classes:

- Non refundable registration fee of \$207 will be charged upon registration. If eligible for the delayed payment pre-registration bonus \$20 of the non refundable registration fee will be charged upon registration and the remainder will be charged on July 1.
- Monthly instalment tuition is regularly processed during the dance season on the 1st of each month beginning August 1 and ending on June 30.
- All families must be enrolled in auto-pay with a credit card on your parent portal account or contact info@tarantismdance.com to make alternate arrangements.
- Please remember to update cards if they expire/change throughout the year.
- If paying in full, payment must be made in full with a credit card on your parent portal account or by cash, cheque or etransfer to info@tarantismdance.com prior to August 1 or 10 days after registering if registered after August 1.
- Full payments are non refundable.
- Payments that are 10 days overdue will be charged a \$10.00 late fee. If left unpaid, another fee of \$3.00 is charged everyday until fees are paid in full.
- Please refer to our refund/cancellation policy for full refund policy.

Short Sessions (20 weeks or less):

- Non refundable registration fee of \$50 will be charged upon registration.
- Monthly instalment tuition is regularly processed during the session on the 1st of each month beginning in the month your session starts and ending in the month your session ends. (ex: If first class is on April 10 your first payment will be on April 1st, if your session ends on June 23 your last payment is on June 1).
- All families must be enrolled in auto-pay with a credit card on your parent portal account or contact info@tarantismdance.com to make alternate arrangements. -Please remember to update cards if they expire/change throughout the year.
- If paying in full, payment must be made in full with a credit card on your parent portal account or by cash, cheque or etransfer to info@tarantismdance.com.
- Full payments are non refundable.
- Payments that are 10 days overdue will be charged a \$10.00 late fee. If left unpaid, another fee of \$3.00 is charged everyday until fees are paid in full.
- Please refer to our refund/cancellation policy for full refund policy.

Summer Camps:

- One time tuition fees are charged upon registration.
- Tuition is non-refundable after April 15.
- Please refer to our refund/cancellation policy for full refund policy.

Day Camps, Workshops & Intensives:

- One time tuition fees are charged upon registration.
- Tuition is non refundable.
- Please refer to our refund/cancellation policy for full refund policy.

Refund/Cancellation Policy

Foundational & Preschool Classes:

- Registration fee is non-refundable.
- If you request to withdraw from the class within 30 days of your date of registration, no additional charges will be made for that class.
- If you request to withdraw from a class for any reason after 30 days have passed since your date of registration Tarantism Dance Company reserves the right to charge a withdrawal fee of \$200 per class.
- Refunds will not be made for canceled classes due to inclement weather, teacher illness or similar reasons. If we must cancel a class due to low enrollment, we will provide a prorated refund. We will make every effort possible to reschedule canceled classes if more than 2 of the

same classes have been canceled. We have built in 2 cancellation days to account for any unexpected closures (weather, facility issues, etc.) if these are not utilized within a season they are simply bonus classes!

-Full payments are non refundable.

Short Sessions (20 weeks or less):

-Registration Fee is non-refundable. Tuition is non-refundable.

-Summer Camps:

-Registration fee is non-refundable. Tuition is non-refundable after April 15.

Day Camps & Workshops: -Tuition is non refundable.

13/ Attendance

Dancing in a group takes a lot of teamwork and it is near impossible to choreograph and practice group dances if dancers cannot rely on each other. It is also very difficult to progress and continue learning new skills when dancers are missing from their class as instructors have to back track each week. If every dancer in a class only misses 2-3 weeks we don't ever get to practice as a full group until we're onstage. So, please make attending class as much of a priority as possible. We understand that life happens sometimes nevertheless our instructors work very hard to create class plans and choreography for their classes and we would very much appreciate your effort in this endeavor so we can make sure every dancer reaches their full potential and looks amazing on stage.

If you know ahead of time that your child will be absent due to holidays/vacations, commitments or school trips, please let us know ahead of time so the class impact is minimal. If your child is too unwell to attend class, we ask that you inform us as soon as you can so they can let the teachers know and preparations can be made to catch up on any missed work. Absences can be sent to info@tarantismdance.com

14/ CLUB TDC Perk Program

Dancers who take 2 or more classes at TDC during our season are eligible to join our CLUB TDC perk program where you'll get tons of special perks throughout the season.

CLUB TDC perks are only applicable to the dancer that takes the required amount of classes not whole families. Assistant & Apprentice Program classes do not count towards the amount of classes a dancer takes.

Bronze Level

Any TDC dancer taking 2 classes is part of our bronze level of CLUB TDC and they receive:

- 10% off birthday party packages
- Third access to recital & mid season showcase ticket sales
- Early registration for summer programs
- 30% off adult classes throughout the season pricing on TDC events, workshops, camps & more! -Discounted

Silver Level

Any TDC dancer taking 3-4 classes is part of our silver level of CLUB TDC and they receive:

- 10% off birthday party packages
- Second access to recital & mid season showcase ticket sales registration for summer programs -Early
- 5% off TDC merch & dance wear purchases from the studio registration for next season -Early
- 50% off adult classes throughout the season pricing on TDC events, workshops, camps & more! -Discounted

Gold Level

Any TDC dancer taking 5+ classes is part of our gold level of CLUB TDC and they receive:

- 10% off birthday party packages
- First access to recital & mid season showcase ticket sales registration for summer programs -Early
- 7% off TDC merch & dance wear purchases from the studio
- Super Early registration for next season
- FREE adult classes throughout the season pricing on TDC events, workshops, camps & more! -Discounted